

HYSTEROSCOPY

ITEM NUMBERS

DIAGNOSTIC HYSTEROSCOPY:	35630	ENDOMETRIAL ABLATION:	35616
HYSTEROSCOPY WITH REMOVAL OF POLYP:	35633	HYSTEROSCOPY WITH D&C:	35640
HYSTEROSCOPIC RESECTION OF SEPTUM:	35634	ENDOMETRIAL BIOPSY:	35620
HYSTEROSCOPY WITH REMOVAL OF FIBROID:	35636	INSERTION OF MIRENA:	35503
HYSTEROSCOPIC RESECTION OF MYOMA:	35623	REMOVAL OF MIRENA:	35506

These are generally a day procedure case and you will need to arrange transport home from the hospital.

ON DISCHARGE

Menstrual type cramps are normal after hysteroscopy. The initial bleeding from the procedure may stop and then restart after a few days. This is a common occurrence and is not cause for concern. Once the bleeding has settled, it is safe to have sexual intercourse.

The next period is very unpredictable in terms of timing. After that, the normal cycle should resume.

If you have had an endometrial ablation, endometrial resection or the resection of a fibroid, there may be watery loss for up to 4 weeks.

If you have had a Mirena placed, the bleeding pattern can be quite irregular for a few months. This is due to the Mirena working to thin the uterine lining, which takes time to achieve. Occasionally, the Mirena can also provoke period-like cramps. This usually settles down after the first period. If it does not, please let me know.

A post op appointment may be scheduled for one week after your procedure to discuss the findings, or else you'll be asked to telephone for the pathology results.

RESUMPTION OF ACTIVITIES

You may resume your normal daily living activities immediately.

You must refrain from driving for 24 hours post anaesthetic.

Exercise and swimming can be resumed the next day.

Intercourse can be resumed once the bleeding settles. If a Mirena has been inserted, refrain from intercourse for 5 days.

If after your discharge from hospital you experience grave concerns, at any time, always call the Rooms on 9389 5065 and you will be directed to the appropriate contact number.